

ALCOHOL & OTHER DRUGS

ABC Recovery Center	760-342-6616
Al-Anon In The Desert	915-497-2899
Betty Ford Center	760-773-4100
Jewish Family Services	760-325-4088
Riv.Co Substance Use Program (includes Gambling)	760-347-0754
Safe House	888-343-4660
Smoking Help Lines	800-NO-BUTTS
Student Assistance Program	760-238-9770

INDIO PARENT PROJECT

The Parent Project is a parenting training program developed in direct response to the questions and challenges parents say they are facing with their strong-willed teenager.

Parents: Do you feel your teenager is out of control, involved in drugs, alcohol or other self-destructive behaviors? The Parent Project may be a solution to your worry and frustration.

What is it?

- A 10 week parent training program designed specifically for parents of strong-willed or out-of-control adolescent children.
- The curriculum teaches concrete identification, prevention, and intervention strategies for the most destructive of adolescent behaviors (poor attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens).

How Does it work?

- Parents attend and learn, in a classroom setting, to manage teen behavior problems at home.
- An activity-based workbook, “A Parent’s Guide to Changing Destructive Adolescent Behavior,” is available only to program participants
- Parents meet one time per week, two to three hours per session, for 10 weeks.
- Parents support groups are formed using the UCLA, Self-Help Support Group model.
- The focus of the program is to help parents learn specific ways to help change negative behavior.

Why the Parent Project?

- The Parent Project is the only course of its kind. It was developed in direct response to the questions and challenges parents say they are facing with their strong-willed teenager.

**REGISTRATION IS REQUIRED PRIOR TO
THE FIRST CLASS SESSION**

SPACE IS LIMITED

**TO REGISTER PLEASE CONTACT
THE INDIO POLICE DEPARTMENT**



Quick List Youth Resource Guide



Our Community... Our Commitment

Indio Police Department

46-800 Jackson Street
Indio, CA 92201
Phone: 760-391-4057
www.indiopd.org

HIGH SCHOOL COUNSELORS

Amistad	760-775-3570
Indio High	760-775-3550
Shadow Hills High	760-393-5400

MIDDLE SCHOOL COUNSELORS

Desert Ridge Academy	760-393-5500
Indio Middle	760-775-3800
Jefferson Middle	760-863-3660
John Glenn Middle	760-200-3700

ELEMENTARY SCHOOL COUNSELORS

Carreon Academy	760-863-1544
Carrillo Ranch	760-238-9700
Earhart	760-200-3720
Hoover	760-775-3820
Jackson	760-775-3820
Johnson	760-863-3680
Kennedy	760-775-3840
Madison	760-775-3850
Roosevelt	760-775-3860

SECURITY & LAW ENFORCEMENT

DSUSD Security Administrator	760-771-8645
Amistad High School	760-775-3570
School Resource Officer	
Indio High	760-775-3550
School Resource Officer	
Shadow Hill High	760-393-5400
School Resource Officer	
Desert Ridge Academy, Jefferson, John Glenn, Indio Middle Schools	760-775-3800
School Resource Officer	

RIVERSIDE COUNTY SCHOOLS

Indio Regional Learning Center	760-863-3074
Indio Regional-Come Back Kids	760-863-3230
Our Lady of Perpetual Help School	760-775-3477
Palm Academy	951-383-5060
Stepping Stones (Indio Teen Center)	760-902-1374
SIA Tech Indio Independent Study	760-775-2887

COMMUNITY SERVICES

After School Programs (ASES)	760-238-9912
Anti-Defamation League	310-446-4233
Boys and Girls Club	760-347-5712
Catholic Charities	760-449-7877
C.H.A.R.L.E.E. Family Care	760-342-5727
Christopher's Clubhouse	760-989-2182
Coachella Valley Autism Society	760-772-1000
C.V Rescue Mission	760-347-3512
Dept. Public Social Services	760-863-2700
D.A.C.E. (Rancho Housing)	760-391-5050
Desert Arc	346-1611 x.405
Desert Recreation District	760-347-3484
Family Resource Center (DHS)	288-3313
F.I.N.D. Organization	760-775-3663
Gilda's Club Free Cancer Support	760-770-5678
Girls Scout	760-345-1703
Harmony TAY Center	760-238-5980
Healthy Families	1-866-294-4347
INCIGHT	760-674-2473
Coachella Valley Community Trust	760-863-2333
Inland Legal Services of RC	760-342-1591
Jewish Family Desert Services	760-325-4088
Jordan Outreach Ministries	760-398-3352
LINKS Diversion Program	760-775-7442
Martha's Village & Kitchen	760-347-4741
CAP Riverside	800-511-1110
CAP Riverside (secondary contact)	951-955-4900
Olive Crest	760-564-6036
Oasis Peer Support & Resource	760-238-5980
Shelter from the Storm	760-328-7233
United Cerebral Palsy	760-321-8184
YMCA, Palm Desert	760-341-9622

MENTORING & LEADERSHIP PROGRAMS

Big Brother Big Sister	760-568-3977
C.O.D. CTE Transition Specialist	760-674-7627
Indio Teen Center	760-541-4400
Regional Occupation Program (ROP)	760-863-3300
WIN Center	760-775-2887
Workforce Development	760-863-2500

COUNSELING & TREATMENT

All Desert Wellness	760-797-5151
Barbara Sinatra Children's Center	760-340-2336
Caritas Counseling Service	760-449-7877
CVUSD k-12 Counselors	760-848-1159
Desert AIDS Project	760-323-2118
EHS Counseling Services	760-342-8344
Esperanza Youth & Family Center	760-398-0711
Emmaus Family Counseling Center	760-574-4182
Family Services of the Desert	760-347-2398
Heather Caster-Fox	760-977-8189
Inland Psychotherapy	760-323-8016
Inland Regional Center	951-922-6596
Jewish Family Service (Teens)	760-325-4088
Kathryn Herrera	760-835-5563
Latino Commission	760-398-9000
Riv. Co. Desert Mental Health	760-863-8455
Riv. Co. Health Services	760-863-8283
TLC Counseling (Tori St. Johns)	760-777-8226
Victim Witness Program	760-863-8408
Pbisworld.com	
Medi-Cal Care Line	800-706-7500

HOTLINES OR WEBSITES

AA Central Office	760-324-4880
Alanon/Alateen	760-674-9554
Alternative to Domestic Violence	800-339-7233
Coachella Valley Crime Stoppers	760-341-7867
Child Abuse Hot Line	800-442-4918
Child Protective Services, Indio	760-863-7210
Helpline Suicide Prevention	800-273-8255
Narcotics Anonymous	760-346-5800
Riverside County Alcohol Detox	800-499-3008
Safe House	888-343-4660
Sexual Assault	760-568-9071
Warm Line (Family resources) or Call 211 for more information on resources	800-303-0001
The Trevor Project (Suicide Hotline) For LGBT	866-488-7386
Pbisworld.org	